



REHAB MOBILE SHOWER COMMUNE

User Guide

Improving your
life everyday™

VERSION 1.0 09/2020

KCare
Healthcare Solutions

Thank you for purchasing the REHAB Shower Commode from K Care Healthcare Solutions. It is strongly recommended you read through this user manual prior to using your shower commode for the first time. Your shower commode should provide years of trouble-free use, provided you adhere to the recommendations in this manual.

Adult Shower Commodes

Model	Max User Weight	Turning Circle Radius
KA114S-REHAB	200kg	530mm
KA114S50-REHAB	200kg	540mm
KA120SR-REHAB	200kg	615mm
KA11507-REHAB	200kg	615mm
KA120SR50-REHAB	200kg	630mm

Paediatric Shower Commodes

Model	Max User Weight	Turning Circle Radius
KA114SC-REHAB	120kg	445mm
KA114SK-REHAB	120kg	445mm
KA114SJ-REHAB	120kg	515mm
KA120SRC-REHAB	120kg	450mm
KA120SRK-REHAB	120kg	450mm
KA120SRJ-REHAB	120kg	600mm

If the shower commode that you have purchased is not specifically listed in the tables above, please refer to the Safe Working Load (SWL) attached to the product to identify the maximum weight capacity.

Should your requirements exceed those detailed above please contact your K Care Healthcare Solutions dealer for a custom designed shower commode. Please note that maximum weight capacities will be reduced if the user applies their weight unevenly or forcefully. Please refer to Shower Commode function (page 3) for further information regarding correct usage.

INSTRUCTIONS FOR ASSEMBLY

Your K Care Healthcare Solutions shower commode is mostly pre-assembled from our factory.

Some models that feature swing away leg rests may need to have these fitted prior to use.



Simply mount the swing away leg rests on to the half-moon shaped mounting plate.



On the lower plate, fit the spring wire followed by the dome nut once the leg rest is attached, and on the upper lug fit the soft external cap.



The dome nut should not be fully tightened. Only tighten to allow enough tension in swing away function.

FUNCTION

To ensure long lasting usage of this product, we recommend the following usage guidelines.

- All four wheels must remain level on the floor at all times.
- This mobile shower commode has been designed for indoor use on reasonably level surfaces. It is suitable for use in wet areas but not in a swimming pool or similar corrosive environments.
- This mobile shower commode is suitable for type A High usage. e.g. institutions and equipment loan schemes.
- Heavy or uneven weight distribution may cause stress to the frame. This may result in damage to the shower commode and **will result in a reduced maximum user weight capacity.**



Exercise caution when maneuvering or transferring to and from this commode. Ensure that all locking castors and brakes have been engaged whenever repositioning or transferring the occupant. When transferring to and from attendant propelled shower commodes ensure the castor locking tab is engaged to prevent movement of the shower commode. To engage the lock push down on the red or grey locking tab with your foot (shoes must be worn) until you hear a click.



To disengage the brake, position your foot on the locking tab and press forward towards the top of the castor



To operate the brake mechanism on self-propelled models, simply push the brake lever forward to engage the brake.



Push the lever backwards to disengage the brake. On the self-propelled shower commode with large front wheels the brake lever is operated in the opposite direction.

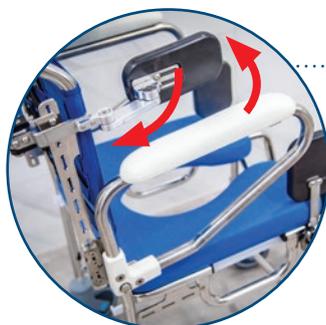




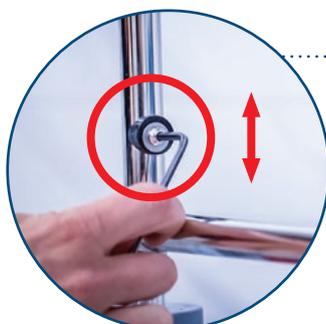
On models with swing away footrests the height of the footplate can be adjusted by loosening the release lever in an anti-clockwise direction and sliding the internal tube up or down. To tighten the release lever turn in an clockwise direction.



The footplates flip up and swing away to allow the user to place feet on the ground or for carer access, do not lean forward with feet on the footplate as the shower commode may tip forward.



For side transfer on models with flip up arms, simply swing away the lateral thoracic support (if fitted). Then swing up the armrest into a vertical position

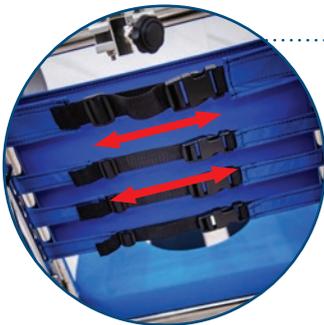


For height adjustment on attendant propelled models, remove the screw on the shower commode frame and adjust the leg insert to the required height. Replace the screw using Loctite 243. Repeat this process on all 4 legs of the shower commode. To achieve the maximum height possible, add the 25mm spacers provided to all 4 legs. For safe and correct function of the shower commode, ensure all legs are adjusted evenly so they are perpendicular to the floor.

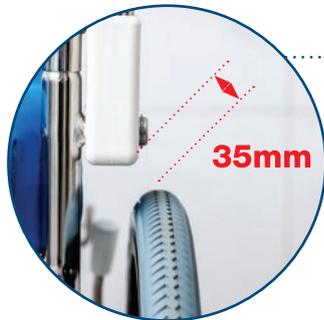




For height adjustment on self-propelled models, adjust the front legs (as above for the attendant propelled) and alter the height of the rear wheels by removing the axle nut and adjusting the rear wheel axle mounting height accordingly. For safe and correct function of the shower commode, ensure self-propelling wheels and front legs are adjusted evenly so they are perpendicular to the floor.



For altering the tension adjustable backrest, lengthen or tighten the individual adjustment straps located at the rear.



Warning: Pinch points can be created when self-propelled wheels are set to achieve low seat to floor heights in combination with armrests at lower settings. To mitigate this, the use of 20" rear wheels, extended axle and spacer kits and/or push rims are recommended. Approx 35mm is recommended between the armrest and the wheel as pictured:





To operate the tilt mechanism on the tilt in space shower commode (KF115 range), squeeze the tilt release lever while tilting the chair. Release the lever at the desired tilt position.



To adjust the height of KA11507-REHAB, firstly tilt the commode to approximately half the tilt range. Place the commode on its side.



Remove the height adjustment clip pins



Adjust to the required height, replace the clip pins.



Assembly and instructions for optional accessories are included with each of the accessory kits.

SAFETY WARNINGS

Shower Commode Stability

It is essential that all castors on the shower commode be in the outward position before engaging the locks for optimal forward and lateral stability. On self-propelled models the wheel locks for the 22" wheels must also be engaged.

Forward Stability

Users must not lean forward whilst sitting in or on the shower commode as this may cause the chair to tip forward.

When wheeling down a ramp always ensure an attendant is present to assist with controlling the shower commode while descending

Never use the locks on castor to slow down the shower commode when descending inclines as this could cause the shower commode to tip.

Rearward Stability

Users must not wheel up an incline on a self-propelled model without ensuring rear anti-tippers are in place. The optional anti-tippers must be correctly installed by an authorized dealer before wheeling up ramps or on other uneven surfaces.

Lateral Stability

Users must not lean over the side of the shower commode or attempt to pick up items from the floor as this could cause the commode to tip. Use a reaching / pickup device, or assistance from an attendant should be used.

The shower commode must not be positioned on a side slope as this could cause it to tip.

Transitioning Ramps, Inclines and Steps

Ramps and other surfaces that are not level or have steps (such as slopes into showers, or shower recesses or edges) must be assessed with an attendant and/or healthcare professional present to ensure that they do not compromise the stability of the shower commode.

Do Not push or pull the shower commode up or down an incline or ramp that exceeds a 1:12 gradient (5° slope).

Do Not allow any user to be propelled (pushed or pulled) in an attendant propelled shower commode in any other manner than by an attendant.

Important note:

The rearward stability of a self-propelled shower commode is affected by the positioning of the rear wheels and if anti-tippers are fitted. The physical and clinical attributes of the intended user should be determined at the point of assessment and prescription of the shower commode. The requirement for amputee rear axle settings and anti-tippers should be determined at this time.

Before a shower commode is occupied by a user always ensure it is on a level surface and is stable with all castors and wheels locked.

Immersion of the Shower Commode

These shower commodes are not designed to be used as pool chairs and are therefore Not to be immersed in water or any other liquid. This may damage the shower commode and/or components.

User Transfers

The utmost care must be taken when a user is transferring to or from a mobile shower commode. Every shower commode is different and as such has different stability characteristics. It is essential for a healthcare professional and/or attendant to check and review transfer techniques to ensure the procedure is safe. Assessment of transfers should be performed with an attendant who can prevent the shower commode from tipping or moving during the transfer. If it is felt that the transfer cannot be repeatedly performed safely, contact a healthcare professional who is familiar with transfer techniques and options to assess the transfer process. Individuals who have not developed confident transfer skills must seek assistance when transferring and may require the use of a mechanical lifter or hoist.

Transfers with Tilt in Space Shower Commodes.

Ensure all four castors are in their outward position and locked (front castors positioned in the forward position, Rear castors positioned to the rear) for maximum chair stability.

Ensure the floor the shower commode is on is level and is not slippery. Water, soap, dust and other substances can make a floor slippery and cause the castors to lose grip and move on the floor even when they are locked.

Transfers should never be attempted with the shower commode positioned on a slippery surface. It is recommended that transfers be performed on clean, level, dry, non-slippery surfaces. Fully carpeted floors are the best surface for transfers. Rugs, shower mats or towels can slide on floors and are hazardous items to position a shower commode on and should be avoided during the transfer process.

Do Not stand on any part of the frame or use foot plates to assist in transfers. This could cause the shower commode to tip. The footrests should be swung to the side or removed during transfers to provide unobstructed access to the shower commode.

This shower commode is NOT designed or intended for use as a transportation device or a long-term seating and positioning system.



MAINTENANCE

On a daily basis inspect the shower commode for damage to the frame, upholstery and castors. Remove any foreign debris ensure all moving parts operate freely.

Clean the shower commode with a mild soapy solution or cream cleanser for more stubborn marking.

Care of self-propelling wheels

- For self-propelled models, the push wheel requires minimal maintenance such as the removal of hair and light lubrication of the axle bush as and when required.

Care of castors

- Wipe castors clean with a mild soapy solution and rinse with water approximately once each week or after heavy use.
- Do not use harsh chemicals or abrasive products on the castors. Do not wash with pressure hose type cleaning equipment.
- We recommend a 6 monthly preventative maintenance service where the shower commode is fully inspected and repaired if necessary. Please contact your local K Care Healthcare Solutions dealer to arrange a preventative maintenance service.

A service includes:

- Check and clean castors
- Examine frame for structural problems
- Brake function test
- Check seat for fitting and visible wear and tear
- Examine backrest for damage and wear
- Check and lubricate wheel bearings, axle shafts and pintle bearings
- Perform footrest function test
- Examine function of armrests, foot plates and hangers
- Examine and adjust seat pan runner function.

SEAT CHANGE

Patented clip in seat technology:

Figure 1 shows how to remove or fit the padded seat to your mobile shower commode frame. The seat is easily fitted or removed by holding both front corners of the seat and lifting (to remove) or pushing down (to fit). When fitting the seat, ensure it is hard up against the rear cross bar and that the rear of the plastic pan runners are below this rear crossbar also. **(refer to Figure 2)**



Figure 1



Figure 2

Product options:

K Care Healthcare Solutions stocks a comprehensive range of options and accessories for its shower commode range. Contact your K Care Healthcare Solutions dealer for further details. Options can be fitted upon ordering a new commode or purchased at a later date. If our standard range of options do not suit your requirements, please contact your K Care Healthcare Solutions dealer for a custom-built design.

WARRANTY AGAINST DEFECTS IN GOODS

Product	Warranty Period
K CARE TUBALCO R & R	
All Products (Inc. all electrics)	12 Months
Upholstery	12 months
Shower Chairs, Stools & Toilet Seat Raisers (Zinc Treated products)	36 months structural 5 Years anti-corrosion (external tube only)
Shower Chairs, Stools and Toilet Seat Raisers (Aluminium products)	36 months structural 5 Years anti-corrosion (external tube only)
Shower Chairs, Stools and Toilet Seat Raisers (Stainless steel products)	36 months structural 5 years anti-corrosion
KERRY OXFORD EME EASYVET	
General Equipment	36 months
KERRY	
Manual Handling Equipment	24 months
Slings	12 months
AIR COMFORT	
Frame Compact Lift Chair	36 months
Frame Day Beds	36 months
Foam	36 months
Air Bags and Gas Struts	12 months
Castors	12 months
Fabric	12 months
MY COMFORT	
MC100 & MC310 Frames	10 years
MC100 & MC310 Electrics	2 years

- K Care Healthcare Solutions provides consumers with the following warranty in relation to this Product, in addition to complying with the requirements of any relevant legislation, including the Competition and Consumer Act 2010 (Cth) in Australia and the Consumer Guarantees Act 1993 in New Zealand (the Acts), except where a New Zealand consumer acquires the Product for the purposes of a business. The benefits to the consumer given by this warranty are in addition to other rights and remedies of the consumer under the applicable Act.
- In this warranty, we have used the following definitions:
 - Form means a Warranty Claim Form issued by K Care Healthcare Solutions in respect of Products.
 - K Care Healthcare Solutions or our means K Care Healthcare Solutions Pty Ltd, ABN 47 159 431 099 of 836A Fifteenth Street, Mildura, Victoria, 3500.
 - Products means the goods manufactured by K Care Healthcare Solutions (including products manufactured by its contract manufacturers) set out in the table on the front page;
 - Material means a material or component used by K Care Healthcare Solutions in the manufacture of the Products;
 - Retailer means the authorised dealer of the Products from whom the Product was purchased;
 - Warranty Period means the period within which a defect must appear as set out in the table on the front page, commencing from the date of purchase of the relevant Product. If the Product or part (as the case may be) is repaired or replaced, there will be no extension to the original warranty period; and
 - Workmanship means the handling, assembly and manufacturing processes performed by or on behalf of K Care Healthcare Solutions in order to manufacture the Products.
- K Care Healthcare Solutions warrants that for the duration of the Warranty Period, all Products will be free of faults arising from defects in Workmanship or Materials, on the terms and conditions set out in this warranty.
- K Care Healthcare Solutions undertakes that if during the Warranty Period any Product, or any part of a Product, has failed to operate correctly due to faulty Workmanship or defective Material, it will repair or replace the Product or part (as the case may be) free of charge (excluding freight fees if applicable) provided that the following procedure is met:
 - The consumer must contact the Retailer or K Care Healthcare Solutions upon becoming aware of any defect to a Product. The consumer will then be provided with a Form, which must be completed by the consumer and returned to K Care Healthcare Solutions at the address, facsimile number or email address stated on the back page together with satisfactory proof of purchase.
 - K Care Healthcare Solutions will review the completed Form to determine whether there is a defect, and if so K Care Healthcare Solutions agrees to (at its option) repair, replace or supply equivalent goods, or pay the cost of any of those remedies to the consumer.
 - If K Care Healthcare Solutions requests the return of the applicable Product or part, the consumer will be responsible for the collection and freight costs of returning that Product or part to K Care Healthcare Solutions.
 - The consumer acknowledges that it is also responsible for the freight costs to deliver any new Product or replacement part to it.
- To the extent that the supply of Products is a supply to a consumer within the meaning of the applicable Act, the consumer is entitled to consumer guarantees under the applicable Act which K Care Healthcare Solutions does not exclude, restrict or modify. In all other respects, and to the extent permitted by law, K Care Healthcare Solutions:
 - Limits its liability for any non-excludable condition or warranty to rectifying any defect at its option, as set out in paragraph 4(b); and
 - Excludes liability (whether express or implied) of any nature whatsoever for any consequential loss, damage or injury arising as a result of any fault in the Products.
- This warranty does not extend to damage to Products which occurs during transit or transportation, or which is caused by an abuse, accident or improper installation, connection, use, adjustment or repair or use of goods otherwise than in accordance with instructions issued by K Care Healthcare Solutions.
- The warranty on Products is waived if any addition or attachment to the Products do not have K Care Healthcare Solutions approval or are not sold as K Care Healthcare Solutions products. The Products are designed to perform specific tasks under established test loads and unauthorised attachments may produce stresses for which the design is not appropriate.
- The following applies to consumers who purchased a relevant Product in Australia:

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.



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